

# ***THE WRAG***

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**OFFICIAL NEWSLETTER OF ATHLETICS WAVERLEY INC.**

## **ATHLETICS**

### **WAVERLEY Inc.**

11 Morshead Av. Mount Waverley Vic.3149

#### **President**

Yohan Amerasekera (9511 4520) **Secretary** Yvonne Glover (9802 6564) **Treasurer** Darren McGee(9560 9728)

## **YOEYS YAP**

*"We are off and running for the 2007-2008 AV Summer season. Athletics Waverley have hit the lead early in most divisions but Glen Huntley are challenging on the outside in Men's Div 1 and Oakleigh are pulling level in Men's Div 3. The women are a mile out in front and look strong early in the race. The Girls are neck and neck with Knox but look slightly the better at this stage. The boys might be slightly out classed in this field but are running on gallantly to try to keep in touch with the leaders."*

I am certainly more excited about athletics than I am about the Spring Racing Carnival. We don't have any athletes who have the equine flu like the horses but a few still claim to be hung like them. (My apologies this is meant to be a family club).

It is going to be a tough year where we don't have venue finals and have to compete against teams every week to try to stay on top of the ladder.

We also have to keep an eye on qualifying for events for the Shield final on Feb. 16<sup>th</sup> assuming we make it. These events include Pole Vault, Sprint hurdles, Steeple and 3km. Events we have always struggled to try to fill.

At the time of this article we had signed 30 new members. As there was only a handful not returning from last year, our membership has risen dramatically to 94 members! There are still a few more to come so 100 is still an outside possibility.

However, regardless of the stats there is no point having a huge membership base if we lose that close, family atmosphere that this club is renowned for having. I urge all of our registered members to keep in touch. Get to as many inter-clubs as possible and attend the upcoming social functions i.e. Pizza night and Christmas Party.

**MOST IMPORTANTLY:** be proud to be competing for the most successful AV club for many years. I am still continuously overwhelmed with the efforts of our members. Our team spirit and pride for this club not only causes my heart to swell with pride but I know from official sources that other clubs are taking notes on how to be more like Waverley.

Four years ago this club almost folded. Now we are the benchmark for so many other clubs. So much so that rules were changed to halt our dominance. We need to continue to lift as a club.... we need to get a greater percent of our registered athletes to events...we need to still show that we will not be conquered.

**" Perfection is not attainable, but if we chase perfection we can catch excellence."(Vince Lombardi)**

“Only three rounds out Its going to be a close finish, Waverley, Glen Huntley, Knox and Oakleigh all looking for the line honours. In the home straight with only one round to go and Waverley are surging late. They move into the lead pulling half a body length clear in the final stages... and will win the 2007/2008 AV season clean sweeping all divisions”.... lets dream about achieving the impossible yet again.

See you all on the track.

Take care as always

Yoey

## NEW MEMBERS

We would like to welcome the following new members to the club. They comprise relatives, existing members, former little athletes and their parents and whatever their origins they are most welcome. The Waverley colours are certainly being seen on the track.

Shamila Muthia	Anthony George	Catarina Maio
Seema Muthia	Lindsay Harrison	Joshua Kervoc
Ganessa Muthia	Steve Lopes	Peter Pulbrook
Anissa Muthia	Leonie Cooper	Norman Lite
Ashley Snowden	Steven Williams	Colby Kitchen
Sally Atkinson	Matthew Sandilands	Rue De Silva
Martin Spiteri	Daniel James-Addele	Emma Lite
Greg Bruce	Isabelle Hull	Roxanne Hicks
Craig Couper	Rhys Cook	Kylie Harrison
Jo Molnar	Simone Albiston	

As well as a swag of Muthia's it is great to see the last two Presidents of Little A's, Steve Lopes and Lindsay Harrison not only supporting their children in the seniors but also competing themselves.

## SOCIAL SCENE

Two social events are organised for the rest of 2007. Our world famous “**Pizza Night**” is being held on Tuesday 20<sup>th</sup> November at 6.00PM after training \$5.00-RSVP and money to Julie. The big question on the night will be how much pizza can the junior men eat?

The second is the legendary “**Christmas Party**” on Saturday 15<sup>th</sup> December at 7.00PM also at the clubrooms. Adults \$10.00, U12 \$5.00- fabulous food, presents and even a special guest!! Bring your own drinks or sample the club esky. RSVP Julie plus money!!

Both these functions will allow us to get to know our new members and they us.

## NORTHCOTE/WAVERLEY GIFT

As we advised in the last Wrag we had decided not to have a 2008 Waverley Gift. Northcote Athletics Club, however, asked us if they could hold their Gift on the Waverley track because their facility was in such poor shape due to water restrictions. The Monash Council has given their approval and we shall be jointly hosting the event. The Northcote Club will organise sponsors and prizes etc and we shall provide facilities and catering etc- a win-win for both clubs. The date is 16<sup>th</sup> December 2007 so make sure it is well supported by our club.

## WINTER SEASON

The season conclusion was the one hour run at the club. Michael Young was overall winner while Warren Holst won the age-based trophy for men and Simone the age-based trophy for women. Matthew Minney won the U18 Half Hour Run.

The winter presentation was another huge success with a record 45 people attending the function at the clubrooms. Steve Machar's delicious spit roasts were a highlight of the evening. James Atkinson took out overall honours for the season. Special guest Mark Fountain, Commonwealth games bronze medallist, gave a highly informative and entertaining account of his experiences at the Games.

Our veteran Michael Harvey keeps on keeping on. On 20<sup>th</sup> October he won the Toowoomba Marathon in a time of 2.58.13. A great effort from Mike.

## RESULTS

After three rounds we are already looking the club to beat

<b><u>F18</u></b>	<b><u>For</u></b>	<b><u>Agst</u></b>	<b><u>Pct</u></b>	<b><u>Pts</u></b>
<b>Athletics Waverley</b>	426	541	78.7	8
Knox Athletic Club	180	787	22.9	6
Frankston Athletic Club	140	827	16.9	5
Sandringham Aths Club	124	843	14.7	4
Mentone Athletic Club	54	913	5.9	3
Glenhuntly Athletic Club	22	945	2.3	2
Knox Athletic Club 2	21	946	2.2	1

<b><u>FOP1</u></b>	<b><u>For</u></b>	<b><u>Agst</u></b>	<b><u>Pct</u></b>	<b><u>Pts</u></b>
<b>Athletics Waverley</b>	299	854	35	8
Glenhuntly Athletic Club	294	859	34.2	6
Knox Athletic Club	244	909	26.8	5
Sandringham Aths Club	172	981	17.5	4
Malvern Harriers Aths Club	80	1073	7.5	3
Frankston Athletic Club	42	1111	3.8	2
Mentone Athletic Club	22	1131	1.9	1

<b><u>FOP2</u></b>	<b><u>For</u></b>	<b><u>Agst</u></b>	<b><u>Pct</u></b>	<b><u>Pts</u></b>
<b>Athletics Waverley</b>	210	80	262.5	8
Knox Athletic Club	58	232	25	6
Glenhuntly Athletic Club	22	268	8.2	5
Maccabi AC	0	290	0	0
Malvern Harriers Aths Club	0	290	0	0
Mentone Athletic Club	0	290	0	0
Sandringham Aths Club	0	290	0	0

<b><u>M18</u></b>	<b><u>For</u></b>	<b><u>Agst</u></b>	<b><u>Pct</u></b>	<b><u>Pts</u></b>
Knox Athletic Club	549.5	1163	47.2	11
<b>Athletics Waverley</b>	391.5	1321	29.6	9
Frankston Athletic Club	334	1378.5	24.2	8
Knox Athletic Club 2	116	1596.5	7.3	7
Mentone Athletic Club	112	1600.5	7	6
Glenhuntly Athletic Club	105	1607.5	6.5	5
Malvern Harriers Aths Club	55	1657.5	3.3	4
Maccabi AC	49.5	1663	3	3
East Melbourne Harriers	0	1712.5	0	0

<b><u>MOP1</u></b>	<b><u>For</u></b>	<b><u>Agst</u></b>	<b><u>Pct</u></b>	<b><u>Pts</u></b>
Athletics Waverley	609.5	1556.5	39.2	10
Glenhuntly Athletic Club	586	1580	37.1	8
Knox Athletic Club	455.5	1710.5	26.6	7
Sandringham Athletic Club	199	1967	10.1	6
Mentone Athletic Club	134	2032	6.6	5
Mornington Peninsula Aths	90	2076	4.3	4
Frankston Athletic Club	72	2094	3.4	3
East Melbourne Harriers	20	2146	0.9	2
Haileybury Athletic Club	0	2166	0	0

<b><u>MOP2</u></b>	<b><u>For</u></b>	<b><u>Agst</u></b>	<b><u>Pct</u></b>	<b><u>Pts</u></b>
<b>Athletics Waverley</b>	455	957	47.5	9
Glenhuntly Athletic Club	345	1067	32.3	7
Knox Athletic Club	232	1180	19.7	6
Malvern Harriers Aths Club	193	1219	15.8	5
Maccabi AC	80	1332	6	4
Sandringham Aths Club	71	1341	5.3	3
Mentone Athletic Club	25	1387	1.8	2
Mornington Peninsula Aths	11	1401	0.8	1

<b><u>MOP3</u></b>	<b><u>For</u></b>	<b><u>Agst</u></b>	<b><u>Pct</u></b>	<b><u>Pts</u></b>
<b>Athletics Waverley</b>	450	744	60.5	9
Oakleigh Athletic Club	350	844	41.5	7
Glenhuntly Athletic Club	229	965	23.7	6
Knox Athletic Club	146	1048	13.9	5
Malvern Harriers Aths Club	19	1175	1.6	4
Maccabi AC	0	1194	0	0
Mentone Athletic Club	0	1194	0	0
Sandringham Aths Club	0	1194	0	0

<b><u>MOP4</u></b>	<b><u>For</u></b>	<b><u>Agst</u></b>	<b><u>Pct</u></b>	<b><u>Pts</u></b>
<b>Athletics Waverley</b>	359	275	130.5	8
Victorian Masters Athletics	148	486	30.5	6
Knox Athletic Club	76	558	13.6	5
Oakleigh Athletic Club	34	600	5.7	4
Glenhuntly Athletic Club	17	617	2.8	3
Malvern Harriers Aths Club	0	634	0	0
Sandringham Aths Club	0	634	0	0

## **COMMITTEE MATTERS**

The last two committee meetings have mainly been concerned with administrative matters:

- It confirmed the two pre Christmas social events: Pizza Night and Christmas party and that the Family Day was also a great success.
- The club remains in good financial shape despite recent equipment purchases. Nevertheless as we are not holding the Waverley Gift this season we need to look at other fundraisers.
- The club Pentathlon will be held next year on Sunday 3<sup>rd</sup> February and we shall promote it strongly. Hopefully we shall be celebrating a repeat of last season's huge success at South East Region.
- The club received a letter from the Council about the application of fertiliser at Central Reserve to improve the grass. As far as we know there have been no incidents and no complaints about the smell!

- It was reported that some members have been competing without having paid their club fees or “buying” singlets without paying for them. This is normally people just forgetting to bring their money but it does make life difficult for the team managers or committee members who have to follow the matters up. So, as a general rule, it is pay first and only then compete. If any members have difficulty with subs or need time they should contact any committee member and we can certainly help.

## **TALL TALES AND GOSSIP**

The eldest Carstairs brother has had a big few weeks. Not only did he buy a house with his girl-friend he popped the question shortly after. Obviously things were going a bit quickly for his lovely other half, Aranea who subsequently decided to totally wreck her knee playing basketball so as to remove the chance of Rob pushing for a short engagement.

New member Norman Litte has talked up running sub 8secs for the 100m. At his debut on Saturday at Glen Huntley his time was impressive but he was disappointed with his inability to break the World record. For those of you who are yet to meet Norman we may have finally seen someone who can out talk Terry Baldwin.

Emma Bellenger and Jessica George have reportedly gone on a three week bender in order to celebrate Caulfield Grammar winning the Girl's APS. Fathers Peter and Tony have both stated that 'we are disappointed that the girls are partying so hard, we are especially upset that they are on a bender without us!!!"

In preparation for the Melbourne Foot Club training at Melbourne Tara White was so excited that she actually wagged school to attend the Tuesday am session. Unfortunately Aaron Davy was too focused on training that he didn't even notice that Tara had made a full length cardboard cut out of him in order to win his affection. Restraining orders have been placed on the young Waverley star.