

THE WRAG

Waverley's Results and Gossip, Volume 34 No 6 February 2008
OFFICIAL NEWSLETTER OF ATHLETICS WAVERLEY INC.

ATHLETICS

WAVERLEY Inc.

11 Morshead Av. Mount Waverley Vic.3149

President

Yohan Amerasekera (9511 4520) Secretary Yvonne Glover (9802 6564) Treasurer Darren McGee(9560 9728)

Well folks this will probably be my last Yoey's Yap as President of this great club. When I first took this role on, it was always for a short period with the intent to make the club safe from extinction. I have said it would be my last year for the past two. This year, I stood by last year's word.

My passion for the club has certainly not diminished. In fact I hope to focus even more on team management and continuing the success we have seen over past years. This means hassling the guys even more to do events!! Family and work now require more time than ever before, so the club needs some one, or more than one person, to look after all the other peripheral jobs that go with Presidency.

Everybody who is part of this extended family should be willing to join the committee to help this club to prosper. If we all sit back this club will merely 'survive'. I hope the last few years have made it obvious that we are capable of doing more than that!!!

Personally, it has been an awesome journey. Without doubt the highlight was last year's Shield Final winning an amazing 5 state Premierships. Also seven venue Premierships in each of the last two years was something we only dreamt about 5 years ago. To do it twice with a rule change that was intended to stop the dominance made them both incredible achievements in different ways. The working bee and first Waverley Gift are achievements, which have change the face, and' hip pocket of the club.

I must thank all those who have lent support along the way...you know who you are. I wish this club consisted of many more like you.

Finally, we hope you get this Wrag before Shield finals. If so, compete with everything you have. Our competition is going to be extremely tough in all divisions and sexes. Any victory will certainly be sweet.

Don't forget Presentation Night on Friday March 7th at about 7pm. There will be a great meal provided so don't miss out!!

The club Pentathlon has been rescheduled to the 2nd March on Sunday morning. There are trophies up for grab so email Errol if interested in competing.

Also the AGM is on Tuesday 11th March. This is where I STAND DOWN but OTHERS MUST STAND UP!!! I beg you all to seriously consider what you can do for the club!!.

Good luck to all those who are competing in Vic's or Nationals. Especially Waverley's own Madi Pape who will try to achieve what everyone else dreams of: representing Australia at the Olympics.

See you at the Shield final..... if it has already happened....gees.. I hope we went well!!
Take care as always.

Yoey

SOCIAL SCENE

Presentation Night will be held at the clubrooms on Friday 7th March at 7.00PM.

Cost: \$20.00 Adults, \$15.00 Children. Fabulous roast and delicious sweets!

Please advise Julie White **ASAP and pay**.

This will be a great opportunity to celebrate another hugely successful season for the mighty Athletics Waverley.

RESULTS

Ladder. Region: South East. Date: 2/02/2008 As Paul Keating once said. "What a great set of numbers".

F18	For	Agst	Pct	Pts
Athletics Waverley	3595.5	4985.5	72.1	79
Knox Athletic Club	2061.5	6519.5	31.6	60
Frankston Athletic Club	1242.5	7338.5	16.9	42
Sandringham Ath Club	955.5	7625.5	12.5	37
Knox Athletic Club 2	243	8338	2.9	20
Mentone Athletic Club	328	8253	4	18
Glenhuntly Athletic Club	103	3566	2.9	5

FOP1	For	Agst	Pct	Pts
Athletics Waverley	3772.2	8467.9	44.5	86
Glenhuntly Athletic Club	2878.9	9361.2	30.8	67
Knox Athletic Club	2162.5	10077.6	21.5	54
Sandringham Ath Club	1719	10521.1	16.3	54
Malvern Athletic Club	782.5	11457.6	6.8	29
Frankston Athletic Club	633	11607.1	5.5	24
Mentone Athletic Club	232	12008.1	1.9	8

FOP2	For	Agst	Pct	Pts
Athletics Waverley	2115	641	330	88
Glenhuntly Athletic Club	310	2446	12.7	45
Knox Athletic Club	287	2469	11.6	33
Malvern Harriers Athletic Club	22	2734	0.8	6
Sandringham Athletic Club	22	2734	0.8	5
Mentone Athletic Club	0	2756	0	0
Maccabi AC	0	2756	0	0

M18	For	Agst	Pct	Pts
Knox Athletic Club	4803.5	12434.5	38.6	111
Athletics Waverley	4070.5	13167.5	30.9	103
Frankston Athletic Club	2573	14665	17.5	85
Glenhuntly Athletic Club	1582	15656	10.1	67.5
East Melbourne Harriers	1822	15416	11.8	61
Maccabi AC	597	16641	3.6	45
Malvern Athletic Club	625.5	16612.5	3.8	41.5

Knox Athletic Club 2	554.5	16683.5	3.3	32
Mentone Athletic Club	526	16712	3.1	32
Haileybury Athletic Club	0	17238	0	0

MOP1	For	Agst	Pct	Pts
Athletics Waverley	6299.9	17108.2	36.8	104
Glenhuntly Athletic Club	5867	17541.1	33.4	93
Knox Athletic Club	4331.7	19076.4	22.7	77
Sandringham Athletic Club	2977.5	20430.6	14.6	67
Frankston Athletic Club	1426	21982.1	6.5	47
Mentone Athletic Club	1130	22278.1	5.1	42.5
Mornington Peninsula Athletics	695.5	22712.6	3.1	32.5
East Melbourne Harriers	375.5	23032.6	1.6	19
Haileybury Athletic Club	191	23217.1	0.8	12

MOP2	For	Agst	Pct	Pts
Athletics Waverley	5273	9400.3	56.1	99
Glenhuntly Athletic Club	3666.8	11006.5	33.3	76
Knox Athletic Club	2144	12529.3	17.1	63
Malvern Athletic Club	1983.5	12689.8	15.6	58.5
Sandringham Athletic Club	897.5	13775.8	6.5	34.5
Maccabi AC	535.5	14137.8	3.8	33
Mornington Peninsula Athletics	91	14582.3	0.6	10
Mentone Athletic Club	82	14591.3	0.6	4

MOP3	For	Agst	Pct	Pts
Athletics Waverley	4806.9	8155.2	58.9	91
Oakleigh Athletic Club	4926.7	8035.4	61.3	85
Knox Athletic Club	1086	11876.1	9.1	52
Glenhuntly Athletic Club	1579.5	11382.6	13.9	51
Malvern Athletic Club	408	12554.1	3.2	29
Sandringham Athletic Club	155	12807.1	1.2	12
Mentone Athletic Club	0	12962.1	0	0
Maccabi AC	0	12962.1	0	0

MOP4	For	Agst	Pct	Pts
Athletics Waverley	3094	3687	83.9	86
Oakleigh Athletic Club	1653	5128	32.2	61
Victorian Masters Athletics	1496	5285	28.3	60
Glenhuntly Athletic Club	170	6611	2.6	24.5
Knox Athletic Club	312	6469	4.8	21
Sandringham Athletic Club	34	6747	0.5	6.5
Malvern Athletic Club	22	6759	0.3	5

CHAMPIONSHIP RESULTS

Results from the U23 state championships and multis that were held on 12/1 and 13/1 at Doncaster included:

- Terry Baldwin won the Over 40 decathlon by a huge margin and in an Australian record score.
- Jennifer Baldwin won the over 40 heptathlon
- Christine Bridle won the Over 50 heptathlon
- Shane Carstairs placed second in Shot Put, Discus and Javelin and third in Hammer

Great efforts from our young and not so young athletes

OTHER SPORTING NEWS

1. James Atkinson won a 10km run prior to Christmas. This is all the blurb we have. James was obviously too modest to tell us himself. Simone Albiston provided it and this interesting news of her family.

2. Simone, her partner Graham and James (see above) Atkinson competed in the Gatorade Sprint Distance Triathlon at Sandringham in December as the Waverley Warriors.

3. Tim, Simone's son is continuing his training while in France. His French coach is very impressed and Tim has found it challenging training in very cold conditions. Apparently his times are close to those of members on the French National Junior Athletics team!!

Thanks to Simone for this info and well done in the Triathlon.

ANNUAL GENERAL MEETING.

The 11th Annual general Meeting of Athletics Waverley Inc will be held on Tuesday 11th March at 7.30PM at the club rooms. Please be there as this will be an important meeting to elect a new President. A nomination form for Committee Members is attached as we need new committee members to maintain the incredible progress we have made under president Yoey!!

COMMITTEE MATTERS

The January committee meeting held 17th January covered the following:

- Waverley/Northcote Gift was a success but not a huge one. Numbers were down in comparison to our two previous Gifts.
- The club reached its target of 100 members with a total of 103 by end December
- Julie White will be resigning from the committee
- Yohan, our mighty President will not continue in that role but will stay on the committee
- The club remains in a strong financial position.

TALL TALES AND GOSSIP

Waverley athlete and current Waverley Caterer Steve Machar and his much better looking wife Nancy, gave birth to our latest Waverley member, Kiara Machar was born on Tuesday 15th January and weighed 8lb 14oz.

Although she provided a little scare early all is very well now.

In totally separate news Club President Yohan has announced that his son Lucas is arranged to be married to an unknown female. Although there is speculation that it involves keeping it within the Waverley genetic pool, the dowry is suggested to be as much as one whole cow (cooked and served!!)

Odds for the new club President has been put on the market by TABCORP are as follows:

Ross Goodings	\$3 (has been groomed for the job)
Julie White	\$7 (nobody is quite believing the denial)
Kerry Carstairs	\$8 (has got four certain votes)
Terry Baldwin	\$10 (unfortunately self voting does not count)
Errol Amerasekera	\$15 (brings in past experience)
Andrew Baxter	\$22 (was early favourite but banned by girlfriend)
Ryan Camille	\$31 (has maturity way above his years)
John Howard	\$44 (looking for employment)
Darren McGee	\$50 (overwhelmed with Treasurers job)
Yohan Amerasekera	\$101 (only if everyone takes a step backwards again)
Emma Bellenger	\$151 (under the guidance of her father)

2008 WAVERLEY PENTATHLON

Errol has agreed to organise the world famous Annual Waverley Pentathlon and it will be held on **Sunday, 2nd March 2008** commencing at 9.30am on the Waverley Track. Entry is free and events are as shown.

Competition Categories: Women (open and under 18) and Men (open and under 18) Age as at 2nd March 2008. All events will be scored according to IAAF Scoring Tables and points adjusted for gender and age

Trophies will be presented to the winners of each category contested by at least five competitors. A minimum of 10 entries (men and women) are required to conduct this competition. If interested, please email Errol on errolca@bigpond.com or write your name on Club Notice Board - Pentathlon Flyer.

Program of Events:

9.30	Registrations/warm-up	
	Men	Women
10.00	200m	200m
10.30	Long Jump	Javelin
11.00	Shot Put	Long Jump
11.30	Javelin	Shot Put
12.15	1500m	800m
12.30	BBQ and Presentation	

Throwing Implements;	Men		Women	
	Shot	Javelin	Shot	Javelin
Open	6.0kg	800g	4.0kg	600g
Under 18	5.0kg	700g	4.0kg	600g
Under 16	4.0kg	700g	4.0kg	600g

All Events will be conducted under IAAF Rules

This is a great way to finish your season and to have a lot of fun and the BBQ is always good so let's see a record number of pentathletes in 2008.

ATHLETICS WAVERLEY WEBSITE

We have an excellent website with lots of current news and information. Have a look on www.athleticswaverley.com.au