

WOMENS		VETS 30 - 34		WOMENS		VETS 35 - 39	
EVENTS	NAME	TIME/DIST	DATE	EVENTS	NAME	TIME/DIST	DATE
100m	J. Baldwin	13.5	1996	100m	J. Baldwin	13.3	2001
200m	J. Baldwin	27.4	1997	200m	J. Baldwin	27.0	2002
400m	J. Baldwin	59.4	1997	400m	J. Baldwin	61.2	2002
800m	J. Baldwin	2:26	1996	800m	J. Baldwin	2:34.6	2002
1500m				1500m			
3000m				3000m			
80m Hurdles (76.2cm)				80m Hurdles (76.2cm)			
90m Hurdles (76.2cm)				90m Hurdles (76.2cm)			
90m Hurdles (84.0cm)				90m Hurdles (84.0cm)			
100m Hurdles (84.0cm)	J. Baldwin	16.9 VR	1998	100m Hurdles (84.0cm)	J. Baldwin	17.8	2002
300m Hurdles				300m Hurdles			
400m Hurdles	J. Baldwin	66.5	1997	400m Hurdles	J. Baldwin	70.2	2001
1500m Walk				1500m Walk			
2000m Walk				2000m Walk			
3000m Walk				3000m Walk			
5000m Walk				5000m Walk			
Long Jump	J. Baldwin	5.09	1997	Long Jump	J. Baldwin	4.86	2002
Triple Jump	J. Baldwin	10.47	1998	Triple Jump	J. Baldwin	9.68	2002
High Jump	J. Baldwin	1.45	1996	High Jump	J. Baldwin	1.40	2002
Pole Vault				Pole Vault			
Discus	J. Baldwin	29.00	1998	Discus	J. Baldwin	30.05	2002
Shot Put (2.724kg)				Shot Put (2.724kg)			
Shot Put (4.0kg)	J. Baldwin	8.78	1996	Shot Put (4.0kg)	J. Baldwin	9.01	2002
Javelin	J. Baldwin	26.66	1996	Javelin	J. Baldwin	29.06	2002
Hammer Throw				Hammer Throw			
Pentathlon	J. Baldwin	3260 AR	1996	Pentathlon	J. Baldwin	2925	2002
Heptathlon	J. Baldwin	3475	1997	Heptathlon	J. Baldwin	4161	2002
One Minute Run				One Minute Run			
One Hour Run				One Hour Run			
4x100m Relay				4x100m Relay			
4x200m Relay				4x200m Relay			
4x400m Relay				4x400m Relay			
4x800m Relay				4x800m Relay			
4x1500m Relay				4x1500m Relay			

WOMENS		VETS 40 - 44		WOMENS		VETS 45 +	
EVENTS	NAME	TIME/DIST.	DATE	EVENTS	NAME	TIME/DIST.	DATE
100m	C. Bridle	13.8	2002	100m	D. Jenkins	13.69	24/08/01
200m	C. Bridle	28.4	2002	200m			
400m	C. Bridle	66.28	2002	400m			
800m	C. Bridle	2:50.4	2002	800m			
1500m				1500m			
3000m				3000m			
80m Hurdles (76.2cm)	C. Bridle	16.47	2002	80m Hurdles (76.2cm)			
90m Hurdles (76.2cm)	J. Baldwin	16.50	31/03/02	90m Hurdles (76.2cm)			
90m Hurdles (84.0cm)				90m Hurdles (84.0cm)			
100m Hurdles (84.0cm)	C. Bridle	20.5	2002	100m Hurdles (84.0cm)			
300m Hurdles				300m Hurdles			
400m Hurdles	C. Bridle	77.2	2002	400m Hurdles			
1500m Walk				1500m Walk			
2000m Walk				2000m Walk			
3000m Walk				3000m Walk			
5000m Walk				5000m Walk			
Long Jump	C. Bridle	4.34	2002	Long Jump			
Triple Jump	C. Bridle	8.91	2002	Triple Jump			
High Jump	C. Bridle	1.40	2002	High Jump			
Pole Vault				Pole Vault			
Discus	C. Bridle	16.75	2002	Discus			
Shot Put (2.724kg)				Shot Put (2.724kg)			
Shot Put (4.0kg)	C. Bridle	7.91	2002	Shot Put (4.0kg)			
Javelin	C. Bridle	22.61	2002	Javelin			
Hammer Throw				Hammer Throw			
Pentathlon	C. Bridle	2356	2002	Pentathlon			
Heptathlon	C. Bridle	3636	2002	Heptathlon			
One Minute Run				One Minute Run			
One Hour Run				One Hour Run			
4x100m Relay				4x100m Relay			
4x200m Relay				4x200m Relay			
4x400m Relay				4x400m Relay			
4x800m Relay				4x800m Relay			
4x1500m Relay				4x1500m Relay			