

MENS		OPEN			MENS		U18	
EVENTS	NAME	TIME/DIST	DATE		EVENTS	NAME	TIME/DIST	DATE
100m	P. Kinna	10.30			100m	R. Stone	10.50	
	R. Stone	10.30			200m	R. Stone	21.20	
200m	R. Stone	20.70			400m	P. Kinna	48.50	
400m	K. Oakey	46.90			800m	B. Bowen	01:50.30	
800m	D. Kenneally	01:46.54			1500m	N. Adkin	03:48.00	
1500m	N. Adkin	03:39.44			3000m	N. Adkin	08:26.00	
3000m	N. Adkin	08:20.70			5000m	N. Adkin	14:51.70	
5000m	N. Adkin	14:02.00			10,000m	J. Welsh	33:35.00	
10,000m	J. Coole	29:29.00			Marathon	M. Harvey	03:30:01.00	
Marathon	J. Duck	02:19:27.00			2000m Steeple	S. Harris	06:19.40	
2000m Steeple	G. Gardner	06:06.00			3000m Steeple	G. Gardner	09:24.60	
3000m Steeple	R. Dikstaal	08:50.81			1500m Walk	M. Harvey	06:04.50	
1500m Walk	M. Harvey	05:49.00			2000m Walk	<i>NOT CLAIMED</i>		
2000m Walk	M. Harvey	08:00.80			3000m Walk	M. Harvey	12:57.60	
3000m Walk	M. Harvey	11:50.60			5000m Walk	A.C. Duncan	22:21.70	
5000m Walk	M. Harvey	20:14.90			10km Walk	M. Harvey	45:35.00	
10km Walk	M. Harvey	41:27.00			20km Walk	M. Harvey	99:20.00	
15km Walk	M. Harvey	63:51.00			110m Hurdles (106.7cm)	J. Roche	14.60	
20km Walk	M. Harvey	85:34.00			110m Hurdles (91.4cm)			
30km Walk	M. Harvey	02:14:33.00			400m Hurdles (84.0cm)	J. Roche	53.70	
50km Walk	M. Harvey	03:57:20.00			4x100m Relay		43.20	
110m Hurdles (106.7cm)	D. Douglas	14.20			4x200m Relay		01:31.60	
400m Hurdles (91.4cm)	K. Oakey	50.82			4x400m Relay		03:31.00	
4x100m Relay		41.00			4x800m Relay		08:14.90	
4x200m Relay		01:25.40			Long Jump	I. Reed	7.22m	
4x400m Relay		03:13.40			Triple Jump	I. Andison	14.88m	
4x800m Relay		07:30.50			High Jump	M. Tregallas	2.05m	
4x1500m Relay		15:47.40				R. Minshull	2.05m	
Long Jump	I. Andison	7.48m				M. Tully	2.05m	
Triple Jump	I. Andison	14.88m			Pole Vault	A. Burke	3.35m	
High Jump	M. Tregallas	2.05m			Javelin	M. Burt	58.71m	
	R. Minshull	2.05m			Discus Throw	J. Flinn	53.16m	
	M. Tully	2.05m			Shot Put	J. Flinn	15.26m	
Pole Vault	M. Burt	4.20m			Hammer Throw	C. Hocking	53.78m	
Javelin	M. Burt	61.64m			Javelin (700g)			
Javelin (800g)					Discus Throw (1.50kg)			
Discus Throw (2.00kg)	Y.Amerasekera	54.20m (2kg)	09/01/1999		Shot Put (5.00kg)			
Shot Put (7.26 kg)	Y.Ameraskera	15.50m (16lb)			Hammer Throw (5.00kg)			
Hammer Throw (7.26kg)	C. Hocking	51.46m (16lb)			Pentathlon	M. Burt	3,005 pts	
Pentathlon	I. Andison	2,867 pts			Weight Pentathlon			
Decathlon	T. Baldwin	6,334 pts			Multi Event			
100 Yards	I. Andison	10.00			Decathlon	M. Burt	5,722 pts	
	G. Tew	10.00			100 Yards	I. Andison	10.00	
	N. Reed	10.00			One Mile	J. McEniry	04:27.00	
One Mile	N. Adkin	03:59.09			Cross Country			
Cross Country	W. Holst	567.38 pts			One Hour Run	D. Thek	17,492m	16/04/1988
One Hour Run	J. Coole	18,720m			One Minute Run	P. Kavanagh	459.9m	
One Minute Run	T. Masters	461m			Club Pentathlon	M. Burt	3,005 pts	
Club Pentathlon	M. Duncan	3,117pts						

MENS		U16			MENS		U14		
EVENTS	NAME	TIME/DIST	DATE		EVENTS	NAME	TIME/DIST	DATE	
100m	B. Kakantonis	11.00			100m	B. Kakantonis	11.60		
200m	J. Weir	22.60			200m	B. Kakantonis	23.40		
400m	B. Kakantonis	49.60			400m	D. Kranenburg	53.70		
800m	N. Adkin	01:57.40			800m	S. Harris	02:10.40		
1500m	N. Adkin	03:58.20			1500m	R. Scholes	04:24.69		
3000m	N. Adkin	08:31.00			3000m	R. Scholes	10:11.00		
10,000m	D. Sciacca	36:50.00			2000m Steeple	R. Scholes	07:42.00		
Marathon	M. Harvey	03:30:01.00			1500m Walk	A. Harris	07:06.00		
2000m Steeple	S. Harris	06:19.40			2000m Walk	<i>NOT CLAIMED</i>			
1500m Walk	A.C. Duncan	06:16.00			90m Hurdles (76.2cm.)	P. Spurling	13.60		
2000m Walk	<i>NOT CLAIMED</i>				300m Hurdles ()	D. Woodburn	45.10		
3000m Walk	A.C. Duncan	13:41.90			4x100m Relay		48.10		
100m Hurdles (84.0cm)	B. Goodings	13.70			4x200m Relay		01:41.30		
200m Hurdles (76.2cm)					4x400m Relay		03:48.20		
300m Hurdles ()	W. Angus	42.00			Long Jump	D. Kranenburg	5.97m		
4x100m Relay		45.40			Triple Jump	J. Tan	12.20m		
4x200m Relay		01:35.30			High Jump	D. Kranenburg	1.81m		
4x400m Relay		03:35.10			Pole Vault	S. Rigby	2.17m		
4x800m Relay		08:40.80			Javelin	B. Goodings	42.66m		
Long Jump	R. Minshull	6.39m			Discus Throw	J. Flinn	54.03m		
Triple Jump	M. Duncan	13.68m			Shot Put	J. Flinn	18.01m		
High Jump	R. Minshull	2.00m			Javelin (600g)				
	A. Tomas	2.00m			Discus Throw (1.00kg)				
Pole Vault	K. Hawkins	3.15m			Shot Put (3.00kg)				
	T. Masters	3.15m			Pentathlon	P. Sargeant	2,950 pts		
	R. Minshull	3.15m			Multi Event	<i>NOT CLAIMED</i>			
Javelin	J. Flinn	52.40m			One Hour Run	M. Harvey	15,580m		
Discus Throw	J. Flinn	61.58m			One Minute Run	D. Woodburn	390m		
Shot Put	A. Edenborough	16.20m			Club Pentathlon	P. Sargeant	2,950 pts		
Hammer Throw	A. Edenborough	41.70m							
Javelin (700g)									
Discus Throw (1.50kg)									
Shot Put (4.00kg)									
Hammer Throw (4.00kg)									
Pentathlon	I. Reed	3,370 pts.							
Weight Pentathlon									
Multi Event	<i>NOT CLAIMED</i>								
Decathlon									
100 Yards									
One Mile									
Cross Country									
One Hour Run	M. Coleman	16,419m							
One Minute Run	W. Angus	426m							
Club Pentathlon	J. Flinn	3,367 pts							